

CERTIFICATE

OF PARTICIPATION

This is to certify that

Heathesh Bhandari

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:07:25

PACE 08:24/km

OVERALL 22 of 166

GENDER 18 of 78

40 - 49 4 of 21

23 June 2019, Sun

Date



BoutTime